

20 km Wertung

| Platz | Cup-Nr | Teilnahmen | Hochstift-Cup 2018 | | | | | | | | Altenaulauf Borchen | | Abendlauf Westenholz | | Wildschütz-Klostermann-Lauf Lichtenau | | Herbstlauf OVENHAUSEN | |
|-------|--------|------------|--------------------|---------|----------|---------------|-------------|------------------------------------|-----------|-------------|---------------------|---------|----------------------|---------|---------------------------------------|---------|-----------------------|---------|
| | | | Klasse | AK Pl.: | Jahrgang | Name | Vorname | Verein | Ges. Pkt. | Ø Pkt. Lauf | 21,1 km | Strecke | 20 km | Strecke | 21,1 km | Strecke | 20,8 km | Strecke |
| | | | | | | | | | | | 01:52:02 Zeit | R Zeit | 01:32:40 Zeit | R Zeit | 01:38:36 Zeit | R Zeit | 01:42:30 Zeit | R Zeit |
| 71 | 2080 | 7 | W65 | 1 | 1949 | Ahle Meyer | Anne | LT Eisen-Wewer | 9716,76 | 1619,46 | | | | | | | | |
| 9 | 2008 | 6 | M40 | 3 | 1977 | Bensick | Thomas | Marienloher Jung's | 29030,22 | 4838,37 | | | 01:18:31 | 4849,0 | | | | |
| 73 | 2054 | 2 | M40 | 6 | 1974 | Berhorst | Dirk | Delbrück läuft | 8243,88 | 4121,94 | | | | | | | | |
| 82 | 2101 | 1 | M45 | 13 | 1971 | Binger | Volker | BRAUN media TEAM | 4393,33 | 4393,33 | | | | | | | | |
| 40 | 2088 | 5 | M50 | 8 | 1965 | Blum | Georg | SV 21 Büren | 22320,18 | 4464,04 | | | | | | | | |
| 17 | 2024 | 9 | M45 | 3 | 1971 | Borgolte | Frank | SC Borchen | 27582,09 | 4597,01 | | | | | 01:40:00 | 3920,4 | 01:37:10 | 4307,7 |
| 43 | 2083 | 7 | M50 | 9 | 1965 | Brade | Günter | GüMi | 21704,71 | 3617,45 | | | | | | | 01:48:24 | 3659,6 |
| 12 | 2061 | 7 | M50 | 2 | 1967 | Braun | Jan | BRAUN media TEAM | 28532,58 | 4755,43 | | | 01:22:32 | 4608,0 | | | | |
| 33 | 2097 | 7 | M65 | 1 | 1950 | Brinkmann | Ernst | SV Aktiv Bad Westernkotten | 24180,48 | 4030,08 | | | | | 01:45:54 | 3584,8 | | |
| 46 | 2007 | 6 | M45 | 9 | 1970 | Brinschwitz | Marcus | | 21266,62 | 3544,44 | | | 01:40:08 | 3552,0 | | | | |
| 26 | 2016 | 6 | M50 | 5 | 1966 | Cazacu | Heiko | Vereinslos | 25415,23 | 4235,87 | 01:40:33 | 4653,1 | 01:30:41 | 4119,0 | | | | |
| 37 | 2001 | 11 | M60 | 3 | 1957 | Dahlmann | Hartmut | Haxter Lauffreunde | 23098,69 | 3849,78 | | | | | 01:51:19 | 3276,8 | 01:54:55 | 3283,7 |
| 45 | 2040 | 8 | M40 | 5 | 1977 | Diekmann | Thomas | TG Herford von 1860 | 21277,02 | 3546,17 | | | | | | | 01:57:27 | 3137,5 |
| 39 | 2049 | 5 | M35 | 4 | 1983 | Disselhoff | Bernhard | TuS Amelunxen | 22779,59 | 4555,92 | | | | | | | | |
| 68 | 2013 | 6 | M30 | 5 | 1984 | Drösemeyer | Johannes | BRAUN media TEAM | 11106,43 | 1851,07 | 02:26:19 | 2050,2 | | | | | | |
| 67 | 2035 | 3 | M50 | 14 | 1965 | Dunschen | Hans-Dieter | LT Marienloh | 11423,82 | 3807,94 | | | | | | | | |
| 49 | 2072 | 6 | M60 | 4 | 1954 | Düweke | Wilhelm | Non-Stop-Ultra Brakel | 19752,88 | 3292,15 | | | | | 02:00:24 | 2760,2 | | |
| 28 | 2017 | 8 | M60 | 2 | 1955 | Ebel | Norbert | TV Flerke | 25197,48 | 4199,58 | | | 01:34:25 | 3895,0 | 01:37:57 | 4037,0 | 01:40:41 | 4104,8 |
| 41 | 2010 | 9 | M35 | 5 | 1983 | Franke-Hansen | Christian | Vereinslos | 22302,29 | 3717,05 | | | | | 01:48:42 | 3425,6 | 01:48:38 | 3646,2 |
| 3 | 2076 | 12 | M50 | 1 | 1967 | Freitag | Wolfgang | Delbrück läuft | 33221,23 | 5536,87 | | | 01:16:09 | 4991,0 | 01:24:32 | 4800,0 | 01:27:16 | 4878,8 |
| 64 | 2057 | 7 | M60 | 7 | 1954 | Gaus | Michael | SC Borchen | 13213,68 | 2202,28 | | | 02:10:07 | 1753,0 | | | 02:21:19 | 1760,6 |
| 24 | 2032 | 8 | M30 | 2 | 1988 | Griese | Alexander | | 25723,12 | 4287,19 | | | | | | | 01:42:54 | 3976,9 |
| 34 | 2018 | 6 | M30 | 4 | 1988 | Gröppler | Frederick | SC Blau-Weiß Ostenland | 24165,69 | 4027,62 | | | | | 01:41:26 | 3838,9 | 01:40:36 | 4109,6 |
| 61 | 2071 | 6 | M65 | 2 | 1950 | Grüner | Adalbert | Non-Stop-Ultra Brakel | 14418,14 | 2403,02 | | | | | | | | |
| 29 | 2070 | 6 | M30 | 3 | 1987 | Grüner | Lukas | Non-Stop-Ultra Brakel | 24792,07 | 4132,01 | | | | | | | 01:33:19 | 4529,8 |
| 72 | 2067 | 6 | W45 | 2 | 1972 | Guth | Daniela | LT Herbram-Wald | 9142,97 | 1523,83 | 02:26:04 | 2064,5 | | | | | | |
| 11 | 2039 | 7 | M45 | 2 | 1973 | Habedank | Thorsten | Warburger SV | 28644,04 | 4774,01 | 01:33:21 | 5062,6 | | | | | 01:34:08 | 4482,7 |
| 21 | 2059 | 10 | M45 | 5 | 1970 | Hake | Thorsten | LT Lieth Paderborn | 26783,13 | 4463,85 | 01:44:31 | 4427,5 | | | | | | |
| 78 | 2048 | 2 | M45 | 12 | 1971 | Happe | Peter | TuS Amelunxen | 5420,58 | 2710,29 | | | | | | | 02:05:43 | 2660,6 |
| 32 | 2045 | 6 | M45 | 7 | 1973 | Hartinger | Richard | Warburger SV | 24724,91 | 4120,82 | 01:41:47 | 4582,9 | | | 01:37:39 | 4054,0 | 01:45:19 | 3837,5 |
| 7 | 2009 | 9 | M40 | 2 | 1977 | Heger | Jörg | SC Borchen | 30139,08 | 5023,18 | | | | | | | | |
| 70 | 2068 | 3 | M35 | 6 | 1980 | Heinemann | Kai-Uwe | SC Borchen | 10120,10 | 3373,37 | | | 01:18:41 | 4839,0 | | | | |
| 8 | 2005 | 6 | M30 | 1 | 1985 | Hildmann | Benedikt | Eggemänner Bad Lippspringe | 29491,74 | 4915,29 | | | | | | | | |
| 59 | 2046 | 5 | M60 | 5 | 1955 | Hillebrand | Josef | TuS 1913 Hemsben | 14678,54 | 2935,71 | | | | | 02:09:36 | 2237,0 | | |
| 81 | 2075 | 1 | M35 | 7 | 1983 | Hoblitz | Sebastian | TuS 1913 Hemsben | 4452,09 | 4452,09 | | | | | | | | |
| 27 | 2090 | 8 | M50 | 6 | 1965 | Holz | Karl-Heinz | Delbrück läuft | 25326,80 | 4221,13 | 01:52:28 | 3975,4 | | | | | 01:40:27 | 4118,3 |
| 87 | 2084 | 1 | M40 | 7 | 1975 | Jablonski | Andre | Warburger SV | 3141,67 | 3141,67 | | | | | | | | |
| 30 | 2078 | 6 | M50 | 7 | 1966 | Jilg | Alfred | TV Hessisch Lichtenau | 24758,00 | 4126,33 | | | | | 01:45:08 | 3628,4 | 01:42:17 | 4012,5 |
| 25 | 2081 | 12 | M60 | 1 | 1954 | Kleffner | Werner | LT Eisen-Wewer | 25680,09 | 4280,01 | 01:47:37 | 4251,2 | | | | | 01:42:30 | 4000,0 |
| 52 | 2098 | 6 | M45 | 10 | 1971 | Klughardt | Markus | Windmühle Exter e.V. | 17676,77 | 2946,13 | | | 01:49:53 | 2967,0 | | | | |
| 14 | 2030 | 6 | M35 | 3 | 1983 | Knoop | Daniel | | 28106,66 | 4684,44 | | | 01:27:33 | 4307,0 | | | | |
| 22 | 2027 | 8 | M20 | 2 | 1989 | Lang | Benjamin | BRAUN media TEAM | 26772,02 | 4462,00 | | | | | | | | |
| 57 | 2096 | 6 | W35 | 2 | 1979 | Larisch | Eveline | Arplinghausen / Team Erdinger Alko | 15519,50 | 2586,58 | | | | | | | 02:11:14 | 2342,3 |
| 48 | 2031 | 6 | M50 | 10 | 1968 | Lucht | Andreas | RSV Waddenhausen | 20536,25 | 3422,71 | | | | | | | | |
| 76 | 2063 | 7 | M60 | 9 | 1957 | Mag | Andreas | LT Herbram-Wald | 7779,97 | 1296,66 | 02:31:31 | 1754,5 | 02:14:02 | 1518,0 | | | | |
| 75 | 2062 | 7 | W50 | 1 | 1968 | Mag | Felicitas | LT Herbram-Wald | 7858,66 | 1309,78 | 02:29:15 | 1883,4 | 02:14:01 | 1519,0 | | | | |
| 2 | 2064 | 9 | M35 | 1 | 1983 | Maksuti | Paul | Delbrück läuft | 33749,42 | 5624,90 | 01:24:18 | 5577,3 | | | | | 01:22:29 | 5154,8 |

20 km Wertung

| Platz | Cup-Nr | Teilnahmen | Hochstift-Cup 2018 | | | | | | | Altenaulauf Borchen | | Abendlauf Westenholz | | Wildschütz- Klostermann-Lauf Lichtenau | | Herbstlauf Ovenhausen | | |
|-------|--------|------------|--------------------|---------|----------|--------------|---------------|----------------------------------|-----------|------------------------|------------------|-------------------------|------------------|--|------------------|--------------------------|------------------|---------|
| | | | Klasse | AK Pl.: | Jahrgang | Name | Vorname | Verein | Ges. Pkt. | Ø Pkt. Lauf | 21,1 km | Strecke | 20 km | Strecke | 21,1 km | Strecke | 20,8 km | Strecke |
| | | | | | | | | | | | 01:52:02 Zeit | R Zeit | 01:32:40 Zeit | R Zeit | 01:38:36 Zeit | R Zeit | 01:42:30 Zeit | R Zeit |
| 19 | 2047 | 9 | M55 | 3 | 1963 | Marek | Reinhold | Laufteam Paderhalle | 26914,24 | 4485,71 | | | | | | | | |
| 15 | 2033 | 9 | M40 | 4 | 1977 | Meier | Raphael | TG Herford von 1860 | 27885,71 | 4647,62 | | | 01:32:40 | 4000,0 | | | | |
| 51 | 2042 | 5 | M50 | 11 | 1965 | Mika | Rainer | VfB Salzkotten | 18002,96 | 3600,59 | 02:08:04 | 3088,2 | | | | | | |
| 10 | 2073 | 8 | M55 | 1 | 1963 | Mügge | Andreas | TV Jahn Bad Driburg | 29007,19 | 4834,53 | 01:39:57 | 4687,2 | | | | | | |
| 20 | 2074 | 8 | M55 | 4 | 1960 | Müller | Josef | TuS 1913 Hembsen | 26783,97 | 4464,00 | | | | | | | 01:37:56 | 4263,5 |
| 1 | 2069 | 12 | M45 | 1 | 1970 | Nahen | Mathias | TV Jahn Bad Driburg | 34965,04 | 5827,51 | 01:18:40 | 5897,6 | | | 01:17:05 | 5223,7 | 01:17:51 | 5422,1 |
| 38 | 2052 | 6 | M20 | 4 | 1998 | Neehmu | Firas | TuS Ovenhausen | 22950,83 | 3825,14 | 01:48:27 | 4203,8 | 01:44:46 | 3274,0 | | | 01:43:44 | 3928,8 |
| 54 | 2092 | 6 | M50 | 12 | 1964 | Nickel | Götz | LT Herbram | 17456,26 | 2909,38 | 02:08:51 | 3043,6 | 01:54:17 | 2703,0 | | | | |
| 74 | 2094 | 2 | M20 | 5 | 1990 | Niederdräing | Michael | LT Herbram | 8004,85 | 4002,43 | | | | | | | | |
| 83 | 2004 | 2 | M55 | 7 | 1961 | Osterhold | Andreas | TSV 1850 Korbach 09 | 3981,30 | 1990,65 | 02:22:52 | 2246,4 | | | | | | |
| 58 | 2095 | 7 | M55 | 5 | 1963 | Pech-Larisch | Tassilo | ie Tönsberg / Team Erdinger alko | 14929,72 | 2488,29 | | | | | | | 02:09:45 | 2427,9 |
| 47 | 2053 | 8 | W35 | 1 | 1983 | Porsch | Melanie | SC Borchen | 20564,41 | 3427,40 | | | | | | | 01:59:29 | 3020,2 |
| 63 | 2038 | 3 | M60 | 6 | 1958 | Radtke | Ulrich | RunArtist Holzminden | 14006,14 | 4668,71 | | | | | | | | |
| 55 | 2055 | 6 | W40 | 2 | 1976 | Reinold | Claudia | TuS 1913 Hembsen | 17238,60 | 2873,10 | | | | | | | | |
| 4 | 2077 | 11 | M20 | 1 | 1992 | Ridderbusch | Micha | SPVG Steinhagen | 32400,60 | 5400,10 | | | 01:18:33 | 4847,0 | 01:24:24 | 4807,6 | | |
| 6 | 2060 | 6 | M35 | 2 | 1979 | Ridderbusch | Ronald | | 31716,51 | 5286,08 | | | | | | | | |
| 42 | 2099 | 6 | W40 | 1 | 1976 | Rinteln | Martina | Warburger SV | 22248,56 | 3708,09 | | | 01:38:36 | 3644,0 | 01:46:01 | 3578,2 | 01:48:36 | 3648,1 |
| 16 | 2003 | 13 | M50 | 3 | 1965 | Rupp | Harald | SCC Scharmede | 27811,47 | 4635,25 | 01:39:13 | 4728,9 | 01:32:23 | 4017,0 | 01:37:26 | 4066,4 | 01:42:45 | 3985,6 |
| 84 | 2002 | 6 | W50 | 2 | 1965 | Rupp | Monika | SCC Scharmede | 3650,35 | 608,39 | 02:41:28 | 1188,6 | | | | | | |
| 86 | 2029 | 1 | M50 | 17 | 1964 | Saage | Ansgar | SV Kollerbeck | 3375,61 | 3375,61 | | | | | | | | |
| 23 | 2006 | 10 | M50 | 4 | 1966 | Schäfermeier | Ulrich | SC Borchen | 25906,03 | 4317,67 | | | 01:29:33 | 4187,0 | 01:39:11 | 3966,8 | 01:40:00 | 4144,2 |
| 53 | 2082 | 10 | W60 | 1 | 1954 | Schäfers | Anette | LT Elsen-Wewer | 17551,79 | 2925,30 | | | | | | | 02:10:43 | 2372,1 |
| 77 | 2058 | 2 | M50 | 15 | 1968 | Scheipers | Mathias | LT Elsen-Wewer | 5964,86 | 2982,43 | | | | | | | | |
| 18 | 2087 | 8 | M45 | 4 | 1971 | Schürmann | Marcus | SC Borchen | 27531,00 | 4588,50 | | | | | 01:38:36 | 4000,0 | 01:34:56 | 4436,5 |
| 90 | 2012 | 6 | M60 | 10 | 1958 | Schütte | Peter | SV Heide Tischtennis | 1073,85 | 178,98 | 02:53:48 | 487,2 | | | | | | |
| 44 | 2079 | 7 | M45 | 8 | 1970 | Sedat | Ralf | SC Blau-Weiß Ostenland | 21321,10 | 3553,52 | 01:58:22 | 3639,8 | | | | | | |
| 85 | 2050 | 1 | M65 | 3 | 1953 | Seithümmer | Karl-Wolfgang | TG Lage | 3410,43 | 3410,43 | | | | | | | | |
| 65 | 2100 | 6 | M55 | 6 | 1960 | Semelink | Christian | Warburger SV | 12691,18 | 2115,20 | 02:24:28 | 2155,5 | 02:09:46 | 1774,0 | | | | |
| 35 | 2043 | 6 | W45 | 1 | 1973 | Siepler | Simone | Non-Stop-Ultra Brakel | 23821,84 | 3970,31 | 01:52:02 | 4000,0 | | | | | | |
| 69 | 2023 | 3 | M60 | 8 | 1955 | Sievers | Werner | PTC Blau Rot | 10176,37 | 3392,12 | 02:01:10 | 3480,6 | | | | | | |
| 66 | 2044 | 3 | M50 | 13 | 1964 | Stahl | Yves | Laufequipe TC Blau-Rot PB | 12313,00 | 4104,33 | | | | | | | | |
| 88 | 2089 | 2 | W45 | 3 | 1971 | Studinski | Maike | SC Borchen | 3042,38 | 1521,19 | | | | | | | | |
| 36 | 2014 | 8 | M20 | 3 | 1991 | Stuke | Kevin David | | 23369,32 | 3894,89 | 01:48:37 | 4194,3 | 01:34:14 | 3906,0 | | | 01:43:22 | 3950,0 |
| 89 | 2025 | 3 | W35 | 4 | 1980 | Thielscher | Verena | BRAUN media TEAM | 1610,03 | 536,68 | | | | | | | | |
| 31 | 2085 | 6 | M45 | 6 | 1969 | Thiesmann | Uwe | Laufen gegen Leiden | 24744,20 | 4124,03 | 01:42:18 | 4553,6 | | | 01:38:20 | 4015,2 | | |
| 50 | 2065 | 6 | M70 | 1 | 1947 | Thomas | Bernd | LG Deister | 19740,92 | 3290,15 | | | | | | | | |
| 62 | 2034 | 6 | M70 | 2 | 1945 | Trierweiler | Dieter | TG Lage | 14156,65 | 2359,44 | | | | | | | | |
| 13 | 2019 | 12 | M55 | 2 | 1961 | von Hagen | Wolfgang | SC Borchen | 28309,20 | 4718,20 | | | 01:29:07 | 4213,0 | 01:33:59 | 4262,6 | 01:35:55 | 4379,8 |
| 56 | 2026 | 6 | M45 | 11 | 1971 | Vonnahme | Jörg | BRAUN media TEAM | 15687,95 | 2614,66 | | | | | | | | |
| 80 | 2086 | 1 | M50 | 16 | 1967 | Wegener | Peter | LAC Veltins Hochsauerland | 4662,00 | 4662,00 | | | | | | | | |
| 60 | 2022 | 6 | W35 | 3 | 1979 | Wiemers | Michaela | | 14495,67 | 2415,94 | | | | | | | | |
| 5 | 2037 | 8 | M40 | 1 | 1976 | Wolf | Andrej | SCC Scharmede | 31933,98 | 5322,33 | | | | | | | 01:25:24 | 4986,5 |
| 79 | 2015 | 1 | W40 | 3 | 1977 | Wolf | Elke | SCC Scharmede | 4793,33 | 4793,33 | | | | | | | | |