

10 km Wertung

Platz	Cup-Nr	Teilnehmer	Hochstift-Cup 2014										Int. Altenauf Borchen		Westenholzer Abendlauf		Katharinenlauf Delbrück		Wildschütz- Klostermann-Lauf	
			Klasse	AK Pl.:	Jahr- gang	Name	Vorname	Verein	Ges. Pkt.	Ø Pkt. Lauf	10 km	Strecke	10 km	Strecke	5 km	Strecke	10 km	Strecke		
											00:48:04	R Zeit	00:48:07	R Zeit	00:23:19	R Zeit	00:47:56	R Zeit		
											Zeit	Pkt.	Zeit	Pkt.	Zeit	Pkt.	Zeit	Pkt.		
191	1127	2	W45	11	1969	Ackfeld	Mechthild	Delbrück läuft	2952,7	1476,4	00:00:00	0	00:00:00	0	00:28:04	1430	00:00:00	0		
34	1031	9	M45	5	1966	Ahlers	Ufo Michael	SC Borchen	18414,7	2301,8	00:42:16	2348	00:00:00	0	00:00:00	0	00:00:00	0		
21	1114	8	W30	2	1982	Albrecht	Maria	Non-Stop-Ultra Brakel	19588,1	2448,5	00:40:49	2435	00:00:00	0	00:19:28	2462	00:00:00	0		
197	1084	1	M45	25	1966	Altmiks	Frank	SV Kollerbeck	2357,0	2357,0	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0		
84	1002	9	M50	9	1961	Baaske	Hartwig	LT Marienloh	15689,8	1961,2	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0		
165	1039	3	M50	23	1964	Balhorn	Uwe	00:00:00	6495,0	2165,0	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0		
143	1169	8	W60	2	1954	Baumhögger	Cornelia	SC Borchen	10845,5	1355,7	00:00:00	0	00:59:25	1322	00:00:00	0	00:00:00	0		
148	1168	5	M60	9	1954	Baumhögger	Karl-Heinz	SC Borchen	10380,1	2076,0	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0		
177	1173	2	M40	19	1974	Beier	Thorsten	00:00:00	4519,0	2259,5	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0		
101	1038	8	M55	9	1957	Beine	Friedrich	SC GW Holtheim	14875,6	1859,5	00:48:37	1967	00:50:33	1854	00:00:00	0	00:00:00	0		
142	1013	10	M50	20	1961	Bidardel	Chahriar	LT Marienloh	11085,5	1385,7	00:59:58	1286	00:57:26	1441	00:27:18	1522	00:00:00	0		
168	1102	4	M U18	5	2001	Block	Marvin	HSG Altenbeken-Buke	5857,0	1464,3	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0		
65	1154	9	M65	1	1946	Bodach	Claus	SV Lüttringen	16462,7	2057,8	00:00:00	0	00:00:00	0	00:22:58	2042	00:48:53	1943		
54	1180	10	M45	9	1968	Böhmer	Gregor	TSV Schloß Neuhaus	17393,0	2174,1	00:00:00	0	00:43:37	2270	00:21:02	2274	00:00:00	0		
95	1028	15	M50	12	1962	Bojara	Günter	Delbrück läuft	15044,1	1880,5	00:49:28	1916	00:00:00	0	00:00:00	0	00:50:39	1837		
117	1146	8	M35	9	1975	Bökenheide	Thomas	00:00:00	13471,0	1683,9	00:51:58	1766	00:52:48	1719	00:24:36	1846	00:00:00	0		
206	1036	1	M60	10	1951	Bolte	Helmut	Delbrück läuft	1918,8	1918,8	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0		
28	1016	9	M40	4	1971	Borgolte	Frank	SC Borchen	18796,0	2349,5	00:42:17	2347	00:41:51	2376	00:20:12	2374	00:00:00	0		
67	1226	9	M U18	2	1999	Börnemeier	Patrick	DJK Delbrück	16397,0	2049,6	00:00:00	0	00:00:00	0	00:21:57	2164	00:49:07	1929		
189	1129	2	W35	6	1975	Brunnert	Simone	Delbrück läuft	3196,5	1598,2	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0		
8	1108	11	M30	2	1980	Bücker	Marcel	Delbrück läuft	21046,0	2630,8	00:00:00	0	00:00:00	0	00:18:32	2574	00:38:36	2560		
2	1077	14	M35	1	1976	Buckley	Andrew	Richmond & Zetland Harriers	22628,4	2828,5	00:35:22	2762	00:00:00	0	00:16:49	2780	00:34:21	2815		
46	1151	9	W45	1	1967	Bunzel	Dagmar	Non-Stop-Ultra Brakel	17807,0	2225,9	00:00:00	0	00:44:27	2220	00:00:00	0	00:45:39	2137		
32	1007	9	M60	1	1951	Collmann	Helmut	TSV Schloß Neuhaus	18415,2	2301,9	00:42:28	2336	00:42:12	2355	00:19:58	2402	00:00:00	0		
109	1106	10	W35	3	1975	Derksen	Olga	00:00:00	14292,4	1786,6	00:00:00	0	00:52:57	1710	00:00:00	0	00:00:00	0		
149	1027	5	M35	10	1975	Diede	Henry	SV Rot-Weiß Bentfeld	9997,3	1999,5	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0		
6	1209	8	M20	1	1986	Discher	Marc	VFJ Helmern	21505,0	2688,1	00:36:06	2718	00:36:16	2711	00:18:24	2590	00:36:25	2691		
123	1003	8	M55	13	1955	Dören	Hans-Josef	SV 21 Büren	12951,7	1619,0	00:54:25	1619	00:53:29	1678	00:25:47	1704	00:53:49	1647		
16	1214	8	M45	2	1965	Epping	Hubert	TC BW Delbrück	19868,3	2483,5	00:00:00	0	00:40:16	2471	00:00:00	0	00:00:00	0		
210	1153	1	W50	6	1960	Erdmann	Sabine	1. Tri-Club Paderborn	1864,0	1864,0	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0		
4	1115	10	M35	3	1977	Ewen	Frank	Delbrück läuft	22005,2	2750,6	00:00:00	0	00:00:00	0	00:17:39	2680	00:36:06	2710		
72	1026	8	M20	7	1994	Franke	Christoph	SV Rot-Weiß Bentfeld	16097,5	2012,2	00:00:00	0	00:46:27	2100	00:22:11	2136	00:47:23	2033		
166	1025	5	W20	6	1991	Franke	Lena	SV Rot-Weiß Bentfeld	6317,7	1263,5	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0		
76	1141	6	M30	7	1981	Fraune	Christoph	1. Tri-Club Paderborn	16036,1	2672,7	00:00:00	0	00:00:00	0	00:17:03	2752	00:00:00	0		
106	1191	8	M55	10	1955	Frischemeier	Herbert	Non-Stop-Ultra Brakel	14620,5	1827,6	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0		
208	1086	1	M55	20	1958	Fuhrmann	Georg	SV Kollerbeck	1901,8	1901,8	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0		
83	1052	10	M60	5	1954	Gaus	Michael	SC Borchen	15765,0	1970,6	00:49:09	1935	00:48:28	1979	00:00:00	0	00:49:34	1902		
30	1220	8	M U20	2	1996	Gausemeier	Jan	VfB Salzkotten	18604,5	2325,6	00:00:00	0	00:43:42	2265	00:18:51	2536	00:00:00	0		
61	1123	8	M55	6	1959	Giefers	Bernd	TuS Amelunxen	16644,9	2080,6	00:46:09	2115	00:00:00	0	00:00:00	0	00:00:00	0		
133	1103	13	M50	18	1961	Glahn	Franz-Josef	LT Elsen-Wewer	11665,3	1458,2	00:58:25	1379	00:56:55	1472	00:28:54	1330	00:58:41	1355		
9	1043	8	M30	3	1983	Gnoth	Christian	TSV Schloß Neuhaus	20846,5	2605,8	00:37:55	2609	00:38:02	2605	00:00:00	0	00:00:00	0		
22	1022	10	M20	3	1988	Götze	Thiemo	Paderborn	19478,5	2434,8	00:40:58	2426	00:40:12	2475	00:19:26	2466	00:00:00	0		
13	1105	8	M U20	1	1996	Grass	Devon	Björn Grass Laufteam	20159,3	2519,9	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0		
146	1010	5	M20	10	1988	Griese	Alexander	00:00:00	10601,1	2120,2	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0		
214	1182	1	M60	11	1950	Grüner	Adalbert	Non-Stop-Ultra Brakel	976,0	976,0	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0		
35	1098	7	M35	4	1979	Günther	Thorsten	ActiVita Paderborn	18413,4	2630,5	00:00:00	0	00:38:22	2585	00:00:00	0	00:37:47	2609		
147	1162	5	M40	17	1970	Hake	Thorsten	00:00:00	10474,0	2094,8	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0		
42	1210	8	M35	6	1978	Hanebutt	Kai	SC Borchen	18236,0	2279,5	00:43:23	2281	00:00:00	0	00:20:43	2312	00:43:00	2296		
207	1109	1	M20	12	1990	Hardes	Tobias	00:00:00	1918,0	1918,0	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0		

10 km Wertung

Platz	Cup-Nr	Teilnehmer	Hochstift-Cup 2014										Int. Altenaulauf Borchen		Westenholzer Abendlauf		Katharinenlauf Delbrück		Wildschütz- Klostermann-Lauf	
			Klasse	AK Pl.	Jahr- gang	Name	Vorname	Verein	Ges. Pkt.	Ø Pkt. Lauf	10 km	Strecke	10 km	Strecke	5 km	Strecke	10 km	Strecke		
											00:48:04	R Zeit	00:48:07	R Zeit	00:23:19	R Zeit	00:47:56	R Zeit		
											Zeit	Pkt.	Zeit	Pkt.	Zeit	Pkt.	Zeit	Pkt.		
114	1061	8	W30	3	1980	Hengelbrock	Anja	SV Rot-Weiß Bentfeld	13882,7	1735,3	00:51:39	1785	00:50:28	1859	00:25:42	1714	00:00:00	0		
187	1126	2	W45	10	1969	Hessel	Heike	SuS Westenholz	3573,1	1786,5	00:00:00	0	00:00:00	0	00:24:37	1844	00:00:00	0		
134	1184	8	M55	14	1955	Hillebrand	Josef	Non-Stop-Ultra Brakel	11657,4	1457,2	00:55:28	1556	00:55:27	1560	00:00:00	0	00:55:49	1527		
121	1203	9	W50	3	1961	Hillebrand	Sabine	HTSV Leiberg	13088,0	1636,0	00:53:54	1650	00:55:55	1532	00:00:00	0	00:00:00	0		
156	1136	6	W50	4	1963	Hopp	Jutta	SV Rot-Weiß Bentfeld	8130,6	1355,1	00:00:00	0	00:00:00	0	00:27:21	1516	00:00:00	0		
162	1011	3	W60	3	1954	Hüther	Elfie	VfB Salzkotten	6709,0	2236,3	00:00:00	0	00:00:00	0	00:21:05	2268	00:00:00	0		
180	1198	3	W20	7	1985	Jagalla	Julia	LT Elsen-Wewer	4202,0	1400,7	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0		
182	1040	2	M40	21	1973	Janning	Markus		4165,1	2082,5	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0		
169	1217	4	M70	2	1941	Kammer	Franz	TV Paderborn	5345,6	1336,4	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0		
193	1125	2	W50	5	1964	Kettelgerdes	Inge	Delbrück läuft	2647,3	1323,6	00:00:00	0	00:00:00	0	00:28:39	1360	00:00:00	0		
1	1065	8	M30	1	1980	Kipkogei	Stanley Kipkirui	SuS Phönix Bielefeld 09	22743,3	2842,9	00:34:04	2840	00:33:17	2890	00:00:00	0	00:00:00	0		
14	1064	10	M45	1	1969	Klaus	Jürgen	Delbrück läuft	20143,1	2517,9	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0		
11	1093	12	M40	3	1972	Klaus	Ralf	Delbrück läuft	20338,3	2542,3	00:00:00	0	00:40:38	2449	00:19:05	2508	00:00:00	0		
81	1117	10	M60	4	1954	Kleffner	Werner	LT Elsen-Wewer	15775,9	1972,0	00:00:00	0	00:48:08	1999	00:23:43	1952	00:49:26	1910		
82	1133	9	W40	1	1973	Klugmann	Katrin	SC Borchen	15767,4	1970,9	00:48:08	1996	00:48:07	2000	00:00:00	0	00:00:00	0		
47	1134	10	M40	5	1970	Klugmann	Marcus	SC Borchen	17727,0	2215,9	00:44:00	2244	00:43:30	2277	00:20:57	2284	00:44:36	2200		
23	1207	9	M50	2	1961	Klute	Bernward	LG Geseke	19418,1	2427,3	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0		
185	1071	2	M U18	6	2001	Klute	Jan Fabian	LT Lieth Paderborn	3736,6	1868,3	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0		
204	1070	1	M45	27	1968	Klute	Ulrich	LT Lieth Paderborn	1942,0	1942,0	00:00:00	0	00:00:00	0	00:23:48	1942	00:00:00	0		
70	1199	9	M50	7	1964	Kluthe	Thomas		16190,6	2023,8	00:00:00	0	00:48:25	1982	00:00:00	0	00:00:00	0		
124	1009	8	M45	17	1968	Koch	Karsten	SC Borchen	12916,0	1614,5	00:54:22	1622	00:54:35	1612	00:26:28	1622	00:00:00	0		
127	1232	8	W40	3	1970	Koch	Mechthild	LG Bauerkamp Warburg	12833,5	1604,2	00:54:04	1640	00:00:00	0	00:00:00	0	00:00:00	0		
10	1155	8	W30	1	1984	Koch	Nadja	SCC Scharmede	20454,0	2556,8	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0		
64	1045	9	M40	11	1971	Koch	Volker	SC Borchen	16493,0	2061,6	00:00:00	0	00:00:00	0	00:23:19	2000	00:48:20	1976		
45	1001	14	M55	5	1955	Koralewicz	Jürgen	SV Rot-Weiß Bentfeld	17866,7	2233,3	00:45:22	2162	00:44:02	2245	00:00:00	0	00:45:22	2154		
128	1176	8	W20	4	1988	Korzekwa	Sabine		12812,0	1601,5	00:54:21	1623	00:55:07	1580	00:26:04	1670	00:00:00	0		
151	1183	4	M40	18	1972	Krause	Dennis	LAV Alfeld	9658,0	2414,5	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0		
126	1021	16	M60	8	1954	Kröhn	Albert	Lauffreff Herbram	12845,8	1605,7	00:54:50	1594	00:56:11	1516	00:26:56	1566	00:55:27	1549		
56	1063	12	W20	1	1987	Krois	Christina	SC Borchen	17187,7	2148,5	00:44:35	2209	00:45:33	2154	00:21:56	2166	00:00:00	0		
12	1054	11	M55	1	1959	Krois	Dietmar	SC Borchen	20192,0	2524,0	00:38:32	2572	00:39:14	2533	00:18:59	2520	00:00:00	0		
68	1055	12	W50	1	1962	Krois	Sabine	SC Borchen	16373,3	2046,7	00:00:00	0	00:48:06	2001	00:23:12	2014	00:00:00	0		
57	1067	10	W20	2	1990	Krois	Verena	SC Borchen	17019,0	2127,4	00:44:42	2202	00:44:59	2188	00:21:41	2196	00:00:00	0		
131	1107	9	W55	2	1955	Kuch	Ulrike	SuS Phönix Bielefeld 09	11979,0	1497,4	00:00:00	0	00:00:00	0	00:27:28	1502	00:00:00	0		
103	1204	13	W40	2	1970	Kuhn	Annette	BC 23 Meerhof	14766,6	1845,8	00:50:35	1849	00:50:06	1881	00:00:00	0	00:51:21	1795		
17	1029	8	M30	4	1982	Lange	Jens-Benjamin	Paderborn	19756,0	2469,5	00:40:12	2472	00:00:00	0	00:19:06	2506	00:00:00	0		
96	1197	7	M45	13	1966	Langeleh	Dirk	TSV Schloß Neuhaus	15026,3	2146,6	00:44:21	2223	00:43:51	2256	00:00:00	0	00:00:00	0		
176	1185	2	M30	8	1984	Lars	Ede		4535,9	2267,9	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0		
157	1083	4	M55	18	1957	Lensdorf	Johannes	SV Kollerbeck	8058,7	2014,7	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0		
132	1048	6	M50	17	1962	Lienen	Dieter		11823,0	1970,5	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0		
119	1222	9	W45	4	1968	Loer	Gerda	TuS Bad Wünnenberg	13362,2	1670,3	00:54:26	1618	00:00:00	0	00:00:00	0	00:00:00	0		
50	1223	9	M U18	1	1998	Loer	Maximilian	TuS Bad Wünnenberg	17590,1	2198,8	00:00:00	0	00:42:50	2317	00:00:00	0	00:00:00	0		
99	1230	8	M U18	3	2000	Loer	Paul	TuS Bad Wünnenberg	14929,8	1866,2	00:48:55	1949	00:48:09	1998	00:00:00	0	00:00:00	0		
51	1231	9	M45	8	1965	Loer	Stefan	TuS Bad Wünnenberg	17584,1	2198,0	00:44:20	2224	00:43:55	2252	00:00:00	0	00:00:00	0		
179	1023	2	M40	20	1973	Lorenz	Sascha	Team Hämmerling	4328,8	2164,4	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0		
184	1215	2	M40	22	1970	Lücke	Ralf	SV Rot-Weiß Bentfeld	3785,8	1892,9	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0		
112	1096	8	M50	15	1963	Lüddecke	Dirk	Non-Stop-Ultra Brakel	14101,2	1762,7	00:00:00	0	00:00:00	0	00:25:28	1742	00:00:00	0		
113	1095	8	W45	3	1965	Lüddecke	Iris	Non-Stop-Ultra Brakel	13901,4	1737,7	00:00:00	0	00:00:00	0	00:25:27	1744	00:00:00	0		
136	1076	8	M55	15	1957	Mag	Andreas	LT Herbram-Wald	11536,2	1442,0	00:00:00	0	00:57:24	1443	00:27:06	1546	00:00:00	0		
139	1075	8	W45	7	1968	Mag	Felicitas	LT Herbram-Wald	11454,2	1431,8	00:00:00	0	00:57:24	1443	00:27:47	1464	00:00:00	0		

10 km Wertung

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			Klasse	AK Pl.:	Jahr-gang	Name	Vorname	Verein	Ges. Pkt.	Ø Pkt. Lauf	10 km	Strecke	10 km	Strecke	5 km	Strecke	10 km	Strecke		
											00:48:04	R Zeit	00:48:07	R Zeit	00:23:19	R Zeit	00:47:56	R Zeit		
											Zeit	Pkt.	Zeit	Pkt.	Zeit	Pkt.	Zeit	Pkt.		
20	1015	10	M30	5	1983	Maksuti Paul	Paderpiraten e.V.	19608,7	2451,1	00:00:00	0	00:42:26	2341	00:19:13	2492	00:00:00	0			
120	1205	9	M55	12	1956	Marten Christian	LF Benteler Paderborn	13148,6	1643,6	00:52:56	1708	00:00:00	0	00:00:00	0	00:00:00	0			
200	1037	1	M50	30	1963	Menne Hermann	LG Bauerkamp Warburg	2292,7	2292,7	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0			
7	1097	8	M40	2	1972	Menne Klaus	Non-Stop-Ultra Brakel	21153,1	2644,1	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0			
178	1202	2	W35	5	1975	Mennemeyer Nadine	PHYSIOeffekt Paderborn	4348,2	2174,1	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0			
172	1091	2	W35	4	1978	Metz Sarah	VfB Salzkotten	4949,0	2474,5	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0			
107	1161	9	M45	14	1965	Meyer Karl Josef	SC Borchen	14447,8	1806,0	00:00:00	0	00:52:18	1749	00:24:07	1904	00:53:51	1645			
97	1099	8	M55	8	1956	Meyer Uwe	LC Paderborn	14981,6	1872,7	00:49:51	1893	00:49:44	1903	00:00:00	0	00:00:00	0			
31	1058	12	M55	3	1958	Meyer-Ilse Herbert	SV Rot-Weiß Bentfeld	18472,2	2309,0	00:43:44	2260	00:42:41	2326	00:00:00	0	00:00:00	0			
73	1092	9	M U20	3	1996	Meyer-Ilse Simon	SV Rot-Weiß Bentfeld	16083,4	2010,4	00:00:00	0	00:46:59	2068	00:22:30	2098	00:47:26	2030			
199	1119	1	M50	29	1963	Mügge Andreas	TV Jahn Bad Driburg	2298,2	2298,2	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0			
87	1179	9	W50	2	1960	Müller Inge	TuS 1913 Hemsben	15345,2	1918,2	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0			
115	1164	6	W20	3	1991	Müller Tabea	TSVE 1890 Bielefeld	13577,7	2262,9	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0			
111	1113	8	W60	1	1952	Müller Ursula	Non-Stop-Ultra Brakel	14148,3	1768,5	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0			
194	1227	8	M80	1	1934	Neumann Dieter	VfB Salzkotten	2621,0	327,6	00:00:00	0	01:16:18	309	00:38:37	164	00:00:00	0			
86	1094	8	M55	7	1955	Neumann Werner	Non-Stop-Ultra Brakel	15371,2	1921,4	00:00:00	0	00:00:00	0	00:24:41	1836	00:00:00	0			
102	1158	16	M50	14	1964	Nickel Götz		14827,9	1853,5	00:52:04	1760	00:00:00	0	00:00:00	0	00:57:33	1423			
125	1050	16	W45	5	1965	Niederdräing Gisela	Laufftreff Herbram	12903,0	1612,9	00:00:00	0	00:55:47	1540	00:26:35	1608	00:56:20	1496			
25	1049	18	M20	4	1990	Niederdräing Michael	Laufftreff Herbram	19122,9	2390,4	00:00:00	0	00:44:18	2229	00:00:00	0	00:44:20	2216			
92	1051	20	M50	10	1963	Niederdräing Ulrich	Laufftreff Herbram	15147,0	1893,4	00:00:00	0	00:53:34	1673	00:25:01	1796	00:51:40	1776			
154	1087	3	M20	11	1988	Niemann Johannes	SV Kollerbeck	8445,0	2815,0	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0			
48	1178	12	M40	6	1972	Niewels Jörg		17709,3	2213,7	00:00:00	0	00:00:00	0	00:00:00	0	00:46:20	2096			
173	1213	3	M45	21	1969	Niggemeyer Ulrich	Laufftreff Herbram	4855,1	1618,4	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0			
211	1101	1	M35	14	1978	Nolte Jörg	Non-Stop-Ultra Brakel	1848,2	1848,2	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0			
55	1004	12	M40	9	1970	Ollesch Karsten		17280,0	2160,0	00:45:53	2131	00:44:58	2189	00:21:52	2174	00:46:41	2075			
66	1216	8	M40	12	1972	Olschewski Ingo	TuS Alemannia Rösenbeck	16429,9	2053,7	00:00:00	0	00:47:28	2039	00:00:00	0	00:00:00	0			
100	1170	10	M50	13	1963	Oppermann Frank	LG TuS Vinsebeck	14883,7	1860,5	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0			
129	1008	10	M50	16	1961	Osterhold Andreas	TSV 1850 Korbach 09	12778,4	1597,3	00:55:10	1574	00:54:50	1597	00:26:06	1666	00:00:00	0			
94	1111	12	M50	11	1963	Petri Johannes	VfL Lichtenau	15051,3	1881,4	00:49:36	1908	00:00:00	0	00:00:00	0	00:49:37	1899			
110	1218	8	M45	15	1967	Petri Matthias	VfB Salzkotten	14258,1	1782,3	00:00:00	0	00:52:25	1742	00:00:00	0	00:00:00	0			
89	1012	7	M20	9	1988	Pohl Manuel		15322,8	2189,0	00:00:00	0	00:48:01	2006	00:00:00	0	00:00:00	0			
174	1147	3	M35	13	1978	Postel Matthias		4678,0	1559,3	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0			
186	1188	2	M65	4	1947	Prior Karl	LG TuS Vinsebeck	3706,4	1853,2	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0			
195	1116	1	M50	28	1961	Quest Hubert	Non-Stop-Ultra Brakel	2457,3	2457,3	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0			
90	1024	8	M40	15	1974	Quickstern Andreas	SV Rot-Weiß Bentfeld	15277,4	1909,7	00:00:00	0	00:50:02	1885	00:23:52	1934	00:00:00	0			
141	1211	8	W65	1	1949	Radke Katharina	TV Jahn Bad Driburg	11088,7	1386,1	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0			
155	1208	4	M45	19	1968	Rasche Rainer		8160,3	2040,1	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0			
213	1145	1	M45	28	1968	Rausch Frank	SV Brenken	1178,0	1178,0	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0			
164	1201	4	W55	4	1955	Rehaag Angelika	Sparkasse Paderborn-Detmold	6584,0	1646,0	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0			
135	1152	8	W55	3	1956	Rennerich Lisa	Hövelhofer Breitensport	11609,0	1451,1	00:56:04	1520	00:59:07	1340	00:28:13	1412	00:00:00	0			
59	1090	8	M60	3	1953	Rheker Heinrich	SV Kollerbeck	16909,1	2113,6	00:46:27	2097	00:46:34	2093	00:00:00	0	00:00:00	0			
24	1110	18	M55	2	1958	Richters Reinhard	VfL Lichtenau	19220,9	2402,6	00:42:09	2355	00:43:49	2258	00:20:41	2316	00:42:44	2312			
3	1193	9	M35	2	1975	Riesel Tobias	LG TuS Vinsebeck	22006,4	2750,8	00:00:00	0	00:35:43	2744	00:17:32	2694	00:35:47	2729			
198	1142	1	M45	26	1966	Ringbeck Detlef Michael	Post-SV Holzminden	2330,0	2330,0	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0			
201	1200	1	W45	12	1966	Rosentreter Beate	Haxter Lauffreunde Paderborn	2153,0	2153,0	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0			
36	1130	8	M30	6	1984	Rudolph Markus	TuS 1913 Hemsben	18387,1	2298,4	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0			
77	1112	8	W55	1	1958	Rump Beate	VfB Salzkotten	16000,7	2000,1	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0			
60	1079	9	M45	10	1965	Rupp Harald	SCC Scharmède	16842,6	2105,3	00:45:30	2154	00:00:00	0	00:00:00	0	00:45:52	2124			
138	1078	12	W45	6	1965	Rupp Monika	SCC Scharmède	11493,9	1436,7	00:57:17	1447	00:00:00	0	00:00:00	0	00:59:04	1332			

10 km Wertung

Platz	Cup-Nr	Teilnehmer	Hochstift-Cup 2014							Int. Altenaulauf Borchen		Westenholzer Abendlauf		Katharinenlauf Delbrück		Wildschütz-Klostermann-Lauf		
			Klasse	AK Pl.	Jahr-gang	Name	Vorname	Verein	Ges. Pkt.	Ø Pkt. Lauf	10 km	Strecke	10 km	Strecke	5 km	Strecke	10 km	Strecke
											00:48:04	R Zeit	00:48:07	R Zeit	00:23:19	R Zeit	00:47:56	R Zeit
											Zeit	Pkt.	Zeit	Pkt.	Zeit	Pkt.	Zeit	Pkt.
5	1135	17	M40	1	1971	Rustemeier	Stefan	TuS Willebadessen	21656,0	2707,0	00:00:00	0	00:37:27	2640	00:17:54	2650	00:37:20	2636
167	1082	3	M50	24	1964	Saage	Ansgar	SV Kollerbeck	6141,2	2047,1	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0
152	1195	4	M50	21	1964	Sachwitz	Norbert	Sennessport	9010,0	2252,5	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0
75	1189	8	M40	13	1974	Sasse	Rainer		16041,6	2005,2	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0
44	1131	8	M50	5	1960	Schach	Reiner	Lauftreff Herbram	18084,5	2260,6	00:43:51	2253	00:00:00	0	00:00:00	0	00:00:00	0
137	1047	6	W40	4	1970	Schäfer-Dören	Birgit	HTSV Leiberg	11503,3	1917,2	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0
43	1074	8	M45	7	1966	Schäfermeier	Ulrich	SC Borchen	18162,9	2270,4	00:42:39	2325	00:43:16	2291	00:00:00	0	00:00:00	0
140	1041	5	M50	19	1962	Schäfers	Peter		11105,6	2221,1	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0
192	1166	2	M50	27	1964	Schaffer	Thomas		2841,7	1420,8	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0
209	1187	1	M40	24	1970	Schapöhler	Bernd	LG TuS Vinsebeck	1879,0	1879,0	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0
52	1059	9	M40	8	1970	Scharf	Dirk		17572,0	2196,5	00:00:00	0	00:44:14	2233	00:00:00	0	00:00:00	0
188	1121	2	M45	23	1968	Scheipers	Mathias	LT Elsen-Wewer	3252,5	1626,2	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0
161	1149	4	W20	5	1985	Schlüter	Manuela		7131,0	1782,8	00:00:00	0	00:52:05	1762	00:00:00	0	00:00:00	0
71	1171	9	W45	2	1969	Schlütting	Anne-Karina	HTSV Leiberg	16167,8	2021,0	00:48:28	1976	00:49:12	1935	00:00:00	0	00:47:56	2000
116	1172	10	M60	7	1952	Schlütting	Franz-Gert	HTSV Leiberg	13560,5	1695,1	00:53:30	1674	00:52:57	1710	00:00:00	0	00:52:43	1713
19	1192	13	M50	1	1962	Schmidt	Johannes		19609,3	2451,2	00:41:12	2412	00:40:55	2432	00:00:00	0	00:00:00	0
153	1057	4	M45	18	1968	Schmitz	Rene	SV 21 Essentho	8469,2	2117,3	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0
88	1118	18	M65	3	1949	Scholz	Hermann-Josef	LG Bauerkamp Warburg	15327,6	1915,9	00:51:40	1784	00:51:00	1827	00:24:13	1892	00:00:00	0
159	1030	8	W45	9	1968	Schröder	Iris	SV Rot-Weiß Bentfeld	7923,0	990,4	00:00:00	0	01:03:51	1056	00:00:00	0	00:00:00	0
175	1165	2	M45	22	1965	Schubert	Klaus	Lauftreff Herbram	4588,2	2294,1	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0
183	1206	2	M50	26	1963	Schulenberg	Wolfgang	SuS Oestereiden	3820,0	1910,0	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0
202	1005	1	M40	23	1972	Schulz	Guido		2111,8	2111,8	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0
160	1186	4	M55	19	1957	Schulze	Jochem	SC Grün-Weiß Paderborn	7844,0	1961,0	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0
145	1035	21	M55	17	1958	Schütte	Peter	TSV Schloß Neuhaus	10654,0	1331,8	01:00:06	1278	01:02:14	1153	00:28:21	1396	01:04:16	1020
181	1124	3	M50	25	1960	Schwabe	Matthias	Delbrück läuft	4187,9	1396,0	00:00:00	0	00:00:00	0	00:28:37	1364	00:00:00	0
158	1044	5	M50	22	1964	Seack	Ingo	LG Oerlinghausen	8035,0	1607,0	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0
63	1219	8	M40	10	1970	Sedat	Ralf	SC Blau-Weiß Ostenland	16547,7	2068,5	00:48:04	2000	00:46:12	2115	00:22:37	2084	00:00:00	0
53	1068	9	M35	7	1976	Siegel	Christian	SC Borchen	17517,2	2189,6	00:47:44	2020	00:00:00	0	00:00:00	0	00:00:00	0
80	1014	8	M45	12	1966	Soares	Fernando	SV Reelsen	15800,0	1975,0	00:49:07	1937	00:00:00	0	00:23:53	1932	00:00:00	0
171	1228	3	M35	12	1976	Spiller	Christoph	Vegan Runners	4967,0	1655,7	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0
122	1100	15	M75	1	1938	Steen	Hans-Albert	LC Paderborn	12960,6	1620,1	00:54:27	1617	00:53:42	1665	00:00:00	0	00:00:00	0
144	1120	11	M55	16	1958	Steins	Hubert	LT Elsen-Wewer	10797,6	1349,7	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0
203	1122	1	M30	9	1984	Stresse	Sergius	LG Bauerkamp Warburg	2061,8	2061,8	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0
41	1066	14	M60	2	1953	Striewski	Gerhard	SuS Phönix Bielefeld 09	18262,5	2282,8	00:46:38	2086	00:00:00	0	00:00:00	0	00:00:00	0
130	1020	8	M U18	4	2000	Studinski	Torben	SC Borchen	12462,3	1557,8	00:00:00	0	00:00:00	0	00:25:06	1786	00:00:00	0
74	1046	14	M45	11	1965	Stute	Gerhard	Lauftreff Herbram	16078,1	2009,8	00:00:00	0	00:51:11	1816	00:00:00	0	00:51:14	1802
150	1224	9	W45	8	1966	Stute	Ingrid	Lauftreff Herbram	9745,4	1218,2	00:00:00	0	01:01:24	1203	00:00:00	0	00:00:00	0
170	1081	4	M45	20	1968	Susewind	Johannes	Lauftreff Herbram	5068,5	1267,1	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0
190	1080	2	W35	7	1975	Susewind	Nadine	Lauftreff Herbram	3032,2	1516,1	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0
49	1160	11	M40	7	1973	Tegethoff	Frank	Marsberg	17687,0	2210,9	00:45:00	2184	00:00:00	0	00:00:00	0	00:44:50	2186
29	1085	9	M45	4	1967	Thomas	Axel	SV Kollerbeck	18713,0	2339,1	00:42:46	2318	00:00:00	0	00:00:00	0	00:00:00	0
69	1163	12	M65	2	1947	Thomas	Bernd		16334,8	2041,9	00:46:46	2078	00:47:33	2034	00:23:25	1988	00:00:00	0
39	1139	9	M20	5	1985	Thöne	Markus	LF Benteler Paderborn	18326,4	2290,8	00:00:00	0	00:00:00	0	00:20:58	2282	00:00:00	0
104	1190	8	M70	1	1941	Timmer	Reinhold	LG TuS Vinsebeck	14763,6	1845,4	00:00:00	0	00:56:08	1519	00:00:00	0	00:00:00	0
79	1167	12	M50	8	1963	Unterlerchner	Frank	LT Elsen-Wewer	15806,0	1975,8	00:48:17	1987	00:48:43	1964	00:23:00	2038	00:48:48	1948
37	1175	13	M45	6	1967	van Hoof	Frank	Vorwärts Kette Riemeke	18381,2	2297,6	00:46:35	2089	00:47:04	2063	00:21:04	2270	00:00:00	0
215	1177	10	M80	2	1932	Vockel	Josef	LC Paderborn	332,3	41,5	01:26:00	1	01:31:30	1	00:41:09	1	00:00:00	0
163	1132	4	M35	11	1976	Vogler	Dirk	SV Rot-Weiß Bentfeld	6669,4	1667,3	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0
26	1104	12	M50	3	1961	von Hagen	Wolfgang	Haxter Lauffreunde Paderborn	19000,2	2375,0	00:42:41	2323	00:42:39	2328	00:20:06	2386	00:42:07	2349

10 km Wertung

Platz	Cup-Nr	Teilnehmer	Hochstift-Cup 2014								Int. Altenaulauf Borchen		Westenholzer Abendlauf		Katharinenlauf Delbrück		Wildschütz- Klostermann-Lauf	
			Klasse	AK Pl.:	Jahr- gang	Name	Vorname	Verein	Ges. Pkt.	Ø Pkt. Lauf	10 km	Strecke	10 km	Strecke	5 km	Strecke	10 km	Strecke
											00:48:04	R Zeit	00:48:07	R Zeit	00:23:19	R Zeit	00:47:56	R Zeit
											Zeit	Pkt.	Zeit	Pkt.	Zeit	Pkt.	Zeit	Pkt.
93	1032	17	M40	16	1971	Vonnahme	Jörg	SV 21 Essentho	15073,8	1884,2	00:48:57	1947	00:49:25	1922	00:24:28	1862	00:00:00	0
212	1128	1	W45	13	1969	Voss	Beatrix	Delbrück läuft	1534,5	1534,5	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0
62	1148	10	M20	6	1986	Wagener	Patrick	Non-Stop-Ultra Brakel	16553,0	2069,1	00:48:15	1989	00:48:27	1980	00:00:00	0	00:00:00	0
98	1053	12	W35	2	1976	Wagner	Julia	SV Rot-Weiß Bentfeld	14966,0	1870,8	00:49:52	1892	00:49:20	1927	00:24:26	1866	00:00:00	0
85	1006	14	M40	14	1974	Walter	Kai	Marsberg	15519,0	1939,9	00:49:45	1899	00:50:11	1876	00:24:50	1818	00:52:05	1751
27	1089	12	M50	4	1962	Walter	Klaus	SV Kollerbeck	18948,8	2368,6	00:42:48	2316	00:44:20	2227	00:00:00	0	00:44:03	2233
105	1088	8	M60	6	1950	Werpup	Alois	SV Kollerbeck	14762,6	1845,3	00:00:00	0	00:50:46	1841	00:24:00	1918	00:51:39	1777
78	1140	8	M20	8	1986	Wickenbrock	Martin	LF Benteler Paderborn	15857,4	1982,2	00:00:00	0	00:48:07	2000	00:21:33	2212	00:00:00	0
196	1138	1	M45	24	1969	Wiegand	Andreas	TV Jahn Bad Driburg	2385,5	2385,5	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0
15	1229	8	M20	2	1985	Wilczek	Christian		19920,4	2490,1	00:00:00	0	00:40:00	2487	00:18:44	2550	00:00:00	0
205	1156	1	M30	10	1984	Wilfert	Patrick	SV 30 Bergheim	1931,0	1931,0	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0
108	1034	21	M55	11	1957	Winkel	Bernhard	SV Rot-Weiß Bentfeld	14341,9	1792,7	00:51:55	1769	00:54:29	1618	00:25:05	1788	00:53:46	1650
58	1181	8	M50	6	1964	Winzig	Andre	Non-Stop-Ultra Brakel	16967,2	2120,9	00:00:00	0	00:45:49	2138	00:00:00	0	00:48:15	1981
91	1042	6	M35	8	1976	Wolf	Andrej	SCC Scharmede	15190,3	2531,7	00:00:00	0	00:00:00	0	00:18:39	2560	00:00:00	0
33	1033	10	W35	1	1977	Wolf	Elke	SCC Scharmede	18414,8	2301,8	00:42:54	2310	00:00:00	0	00:00:00	0	00:43:34	2262
18	1196	13	M45	3	1965	Wulfes	Dieter	LF Benteler Paderborn	19652,2	2456,5	00:00:00	0	00:42:31	2336	00:20:47	2304	00:43:10	2286
38	1159	15	M55	4	1958	Zanft	Wolfgang		18331,0	2291,4	00:43:16	2288	00:43:22	2285	00:21:03	2272	00:43:59	2237
118	1144	9	M45	16	1965	Zimmermann	Rainer	Sande	13389,2	1673,7	00:00:00	0	00:00:00	0	00:00:00	0	00:00:00	0
40	1056	8	M35	5	1976	Zinn	Eduard	actiVita Paderborn	18301,0	2287,6	00:00:00	0	00:44:51	2196	00:00:00	0	00:00:00	0